

CHRIST EPISCOPAL CHURCH
A living Faith Community since 1876



*“Where All are Welcomed and
Fed at the Table.”*

Christ Church Chronicle

OCTOBER 2023

Let your lives be living proofs of the things which please God. Thus God speaks through the scriptures: “Awake, you who sleep, arise from the dead, and Christ will give you light.” – from Ephesians 5, J.B. Phillips translation

We need a lay delegate to Diocesan Convention, which meets Friday, 11/10/23 and Saturday, 11/11/23, at Saint Andrew Lutheran Church in Eden Prairie. Christ Church pays for your overnight stay, meals, and mileage.

It’s Greek To Me – *“The eyes of your heart”*

... so that, with the eyes of your heart enlightened, you may perceive what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places. – Ephesians 1:18-20

Jesus invites us to a new way of ‘seeing’. Things, people and situations are not what they seem to be on the surface; solid objects are not truly solid, people are so much more than just their outward choices or mistakes, situations always require discerning what is truly going on underneath the surface.

This new way of seeing is founded in a fundamental shift of focus; a focus that sees hope where there is none to be seen

outwardly, that believes in the power of love even when it appears to be too weak to affect any change.

In the passage above we are told that we must have the ‘eyes of our heart enlightened’ so that we may

truly ‘perceive’ spiritual realities. What a curious expression: the eyes of our heart.

The word translated ‘enlightened’ is the Greek word ‘pephotismenous’ and the word translated as ‘perceive’ is ‘eidenai’. ‘Pephotismenous’ means to shed rays, to shine, to brighten up, to illuminate, to make to see. In other words, when we truly open our eyes, we perceive light.



Saint Luke the Evangelist -
October 18

‘Edenai’ means to be aware, consider, see, understand.

Let’s paraphrase this passage using our understanding of these words: “Your spiritual sight must be opened to the light in order to become aware and understand the hope to which he has called you”

This new way of seeing requires persistent practice, since we are so used to seeing the world through our mere physical sight. We have been, in effect, ‘brainwashed’ to see things the way the world system has trained us to see them. To gain new spiritual sight, we must continuously bathe our

consciousness in the way Christ sees the world. We can do this through daily scripture reading, prayer, meditation, fellowship with fellow Christians, and regular reception of the sacrament of the Holy Eucharist. Step by step, day by day, our perception will subtly shift toward a spiritual view of things, people and events. We will find ourselves aligning with Christ’s view of the world. This will mean greater peace and joy for ourselves and greater blessing through us to all whom with whom we come in contact.

- *The Rev. George M. Favell*



Often, when we share a grant site update, it is from a current grant site working on their project. However, this month we want to highlight the incredible work of a UTO grant site from 2013: A Cup of Cold Water in Maui, Hawaii. In 2013, UTO gave funds to help purchase a vehicle so this ministry could bring water, supplies, and food to those in need. As many of you know, Maui is recovering from devastating fires, and that recovery will take quite a long time. We hope you visit the webpage (<https://www.episcopalhawaii.org/a-cup-of-cold-water.html>) set up to share updates on the recovery process and to support the work happening directly on the ground through the Episcopal Diocese of Hawaii and A Cup of Cold Water. If you are able to give to support this work, we hope you will. If not, we hope you’ll remember them in your prayers; and if you hear someone asking how to help, suggest giving to this incredible ministry.

Our Fall UTO Ingathering Date is Sunday, November 5!

- *Gail Thurnau*

Pictured at right, founder and former President of ACCW, Keku Akana (in lavender), surrounded by family, receives a proclamation by Maui Mayor Arakawa, declaring January 21, 2017, Keku Akana Appreciation Day. Akana, who has been the visionary and driving force behind ACCW, turned over the reigns



Have you ever wondered what items to put in the basket for the Ecumenical Food Pantry?

Here are some suggestions...

1. Everyone donates Kraft Mac and Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular food banks.
2. Boxed milk is a treasure, as kids need it for cereal which they also get a lot of.
3. Everyone donates pasta sauce and spaghetti noodles.
4. They cannot eat all the awesome canned veggies and soup unless you put a can opener in as well; or buy pop-top cans.
5. Oil is a luxury but needed for Rice-a-Roni which they also get a lot of.
6. Spices or salt and pepper.
7. Tea bags and coffee make them feel that you care.
8. Sugar and flour are treats.
9. Tuna and crackers make a good lunch.
10. Hamburger Helper goes nowhere without the ground beef.
11. They get lots of peanut butter and jelly but usually no sandwich bread.
12. Cake mix and frosting makes it possible to make a child's birthday cake.
13. Dishwashing detergent is very expensive and is always appreciated.
14. Everyone loves Stove Top stuffing.

Time and Talent Bazaar

Saturday, November 4, 2023

8am to 11am

At

Ascension Lutheran Church

1101 Highway 69 South

Albert Lea, MN

Morning Coffee Break – 8am to 11am

Lefse – Crafts – Cookbooks – Cards – Bake Sale – Rada Knives

Proceeds from Bazaar sales and free-will coffee benefit go to:

Lutheran Disaster Fund

Good Earth Village

Crossroads Campus Ministry – Mankato

Any questions?

ascensionlutheranal@gmail.com

373-3408 (8:30am – 12:30pm, Monday through Friday)

Friends of the Albert Lea Public Library

Fall Book Sale!

Thursday, Oct 19 – Members Only – 4 to 7pm
(or join at the door for \$5/person)

Friday, Oct, 20 – Noon to 6pm

Saturday, Oct 21 – Bag Sale – 9am to Noon
Sale held at the City Center Garage

Sunday Worship Schedule for October 2023

Sunday, October 1, 2023 – 18th Sunday after Pentecost
Morning Prayer – 10:30am

Sunday, October 8, 2023 – 19th Sunday after Pentecost
Holy Eucharist – 10:30am

Sunday, October 15, 2023 – 20th Sunday after Pentecost
Morning Prayer – 10:30am

Sunday, October 22, 2023 – 21st Sunday after Pentecost
Holy Eucharist – 10:30am

Sunday, October 29, 2023 – 22nd Sunday after Pentecost
Holy Eucharist – 10:30am



Saint James of Jerusalem, The Brother of
Our Lord Jesus Christ, October 23

"An entire sea of water can't sink a ship unless it gets inside the ship. Similarly, the negativity of the world can't put you down unless you allow it to get inside you."

— Goi Nasu

The American Legion Post 56 in Albert Lea is hosting a Fund-raiser Breakfast every 4th Sunday of the month, from 8am to 12:30 pm!

New Revised Common Lectionary Sunday Readings

1-Oct	Exodus 17:1-7	Psalm 78:1-4, 12-16	Philippians 2:1-13	Matthew 21:23-32
8-Oct	Exodus 20:1-4, 7-9, 12-20	Psalm 19	Philippians 3:4b-14	Matthew 21:33-46
15-Oct	Exodus 32:1-14	Psalm 106:1-6, 19-23	Philippians 4:1-9	Matthew 22:1-14
22-Oct	Exodus 33:12-23	Psalm 99	1 Thessalonians 1:1-10	Matthew 22:15-22
29-Oct	Deuteronomy 34:1-12	Psalm 90:1-6, 13-17	1 Thessalonians 2:1-8	Matthew 22:34-46

Community Communication

Father Doyle

Home - 507-334-3742

Cell - 507-491-2695

Office - 507-333-1651

Email: henry.doyle@s-sm.org

Mailing Address: 500 3rd Avenue NW, #301, Faribault, MN 55021

Parish Office

The Parish Office is open on Tuesdays and Thursdays.

Office Phone: 507-373-3188

Office email: cocalmn@gmail.com

Website: christchurchal.org



Saint Francis of Assisi, October 4

Priest-in-Charge: The Rev. Henry Doyle

Senior Warden: Savile Lord

Vestry: Kenneth Johnson

Jeff Shaft

Music Director: Gail Thurnau

Treasurer: Joy Shaft

Parish Administrator/Secretary:

The Rev. George M. Favell

Fr. Henry - Please keep me in the loop

Far too often, you might hesitate to inform me of your desire/need for pastoral care, because you do not want to bother me. On the contrary, you are not bothering me when you inform me of a major illness, yours or a loved one's illness. Because of privacy issues and regulations, staff at hospitals, nursing homes, and other health care facilities will not contact me. You, a family member, or a close friend must contact me, if you have a pastoral need.

Prayer Scripture

Now faith means putting our full confidence in the things we hope for, it means being certain of things we cannot see. It was this kind of faith that won their reputation for the saints of old. And it is after all only by faith that our minds accept as fact that the whole scheme of time and space was created by God's command—that the world which we can see has come into being through principles which are invisible. - Hebrews 11:1-3



Saint Simon and Saint Jude, Apostles -
October 28

Meditation Prayer

Book of Common Prayer, page 815, 4. For Peace

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and forever. Amen.

Christ Episcopal Church October Birthdays

8 - Jeff Shaft



October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 18th Sunday after Pentecost – Morning Prayer – 10:30am	2 Yoga – 10am and 6pm**	3	4 Chair Yoga – 9am**	5	6	7 Retreat – 9am – 12:30pm
8 19th Sunday after Pentecost – Holy Eucharist – 10:30am	9 Yoga – 10am and 6pm**	10	11 Chair Yoga – 9am**	12	13	14 Healing Team – 9:30am**
15 20th Sunday after Pentecost – Morning Prayer – 10:30am	16 Yoga – 10am and 6pm**	17	18 SAINT LUKE THE EVANGELIST Chair Yoga – 9am**	19	20	21 Healing Team – 9:30am**
22 21 st Sunday after Pentecost – Holy Eucharist – 10:30am	23 SAINT JAMES OF JERUSALEM, BROTHER OF OUR LORD JESUS CHRIST Yoga – 10am and 6pm**	24	25 Chair Yoga – 9am**	26	27	28 SAINT SIMON AND SAINT JUDE, APOSTLES Healing Team – 9:30am**
29 22 st Sunday after Pentecost – Holy Eucharist – 10:30am	30 Yoga – 10am and 6pm**	31				

****** Please check with Clemencia to confirm location and if class is full.

bebegu@live.com or 507-377-2718.