

CHRIST EPISCOPAL CHURCH  
A living Faith Community since 1876



“Where All are Welcomed and  
Fed at the Table.”

# Christ Church Chronicle

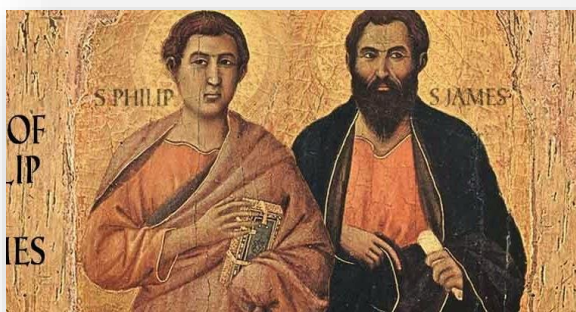
MAY 2024

Let's see how inventive we can be in encouraging love and helping out, not avoiding worshipping together as some do but spurring each other on, especially as we see the big Day approaching. – Hebrews 10:25

## It's Greek To Me – Hebrews 10:25 – Meeting Together

Don't stop meeting together with other believers, which some people have gotten into the habit of doing. Instead, encourage each other. – Hebrews 10:25

“In the Celtic tradition, there is a beautiful understanding of love and friendship. One of the fascinating ideas here is the idea of soul-love; the old Gaelic term for this is *anam cara*. *Anam* is the Gaelic word for soul and *cara* is the word for friend. So *anam cara* in the Celtic world was the “soul friend.” In the early Celtic church, a person who acted as a teacher, companion, or spiritual guide was called an *anam cara*. It originally referred to someone to whom you confessed, revealing the hidden intimacies of your life. With the *anam cara* you could share your inner-most self, your mind and your heart. This friendship was an act of recognition and belonging. When you had an *anam cara*, your friendship cut across all convention, morality, and category. You were



May 1 - The Apostles Saint Philip and Saint James

joined in an ancient and eternal way with the “friend of your soul.”

The Celtic understanding did not set limitations of space or time on the soul. There is no cage for the soul. The soul is a divine light that flows into you and into your Other. This art of belonging awakened and fostered a deep and special companionship.”

- John O'Donohue, Irish  
Philosopher and Poet

<https://www.themarginalian.org/2015/08/12/anam-cara-john-o-donohue-soul-friend/>

The tradition of being an “*anam cara*” – a soul friend – can only be accomplished if we are deliberate in creating opportunities to be together as a faith community. We need one another; the path of Jesus was never meant to be walked alone, nor can it be. The world is constantly pressing in on our thinking, leading us to think, feel and react in ways that are not in tune with God's presence

within and among us. We need to not only draw from other's spiritual experience, we need to be ready to offer spiritual encouragement to others.

In this passage, the Greek word translated here as "encourage each other" is 'parakaleo' and its many meanings include to encourage, to exhort, to comfort, to beg, to implore, to call forth, to beseech, to urge. As you can see, this word covers a lot of ground!

We need a 'good word' from each other. And the only way we can receive or deliver that 'good word' is to be together. This is why the early church settled on a weekly meeting,

not to mention other occasions of gathering together.

We do not judge a person's spiritual standing by their church attendance! But, church attendance affords the opportunity to be refreshed, strengthened and encouraged by Word and Sacrament, and by the sharing of a common life with others. We may need to re-commit to 'showing up', not only to receive, but to give - to being an 'anam cara' for our fellow travelers on the Jesus Path.

- *Rev. George Favell*

**SAVE THE DATE: Sunday, May 5!**

**After the celebration of the Holy Eucharist, we will have our**

**Annual Spring Clean-up!**

**Bring equipment, such as rakes, gloves , etc.  
Jeff and Joy Shaft will host a light lunch for us!**



***United Thank Offering Ingathering time is HERE –  
Sunday, May 5!!!!***

Things are busy at the national office of UTO where they are doing a lot of behind-the-scenes work to send out grant monies into the world. Work is underway also getting ready for General Convention and also transitioning board members. For the second time since UTO's inception in 1889 there will not be an Ingathering Service at General Convention. The reason being that since the pandemic the General Convention will be on a smaller scale. Hopes are high that the service will return in the 2027 convention in Phoenix, Arizona.

Another story of where the UTO grants go is the story of Charlie's Place, a nondenominational, anti-hunger and homeless ministry at St. Margaret's Episcopal Church in the Diocese of Washington D.C. With the help of the UTO grant Charlie's Place has worked through the pandemic and remained a beacon of light and a place of nourishment and offers hope, compassion and nourishment for body and soul. It also sets an example of the true meaning of "welcoming the stranger".

- *Gail Thurnau*

## Vestry Meetings

At 9:15 on Sunday morning, April 28, the vestry will meet.

At 9:15 on Sunday morning, May 19, the vestry will meet.

***All are welcome to attend these meetings!***

The American Legion Post 56 in Albert Lea is hosting a Fund-raiser Breakfast every 4<sup>th</sup> Sunday of the month, from 8am to 12:30 pm!

## Worship Schedule for May 2024

Sunday, May 5, 2024 - The 6<sup>th</sup> Sunday of Easter  
Holy Eucharist - 10:30am

Sunday, May 12, 2024 - The 7<sup>th</sup> Sunday of Easter  
Morning Prayer - 10:30am

Sunday, May 19, 2024 - Pentecost Sunday  
Holy Eucharist - 10:30am  
Vestry Meeting - 9:15am

Sunday, May 26, 2024 - Trinity Sunday  
Holy Eucharist - 10:30am



May 9 - Ascension Day

*"Alone we can do so little; together we can do so much." – Helen Keller*

*"If you want to lift yourself up, lift up someone else." – Booker T. Washington*

*"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful." – Mother Teresa*

*"Many hands make a miracle" – Swami Kriyananda*

## New Revised Common Lectionary Sunday Readings

5-May	Acts 10:44-48	Psalm 98	1 John 5:1-6	John 15:9-17
12-May	Acts 1:15-17, 21-26	Psalm 1	1 John 5:9-13	John 17:6-19
19-May	Acts 2:1-21	Psalm 104:25-35, 37	Romans 8:22-27	John 15:26-27; 16:4b-15
26-May	Isaiah 6:1-8	Psalm 29	Romans 8:12-17	John 3:1-17

## Community Communication

### Father Doyle

Home - 507-334-3742

Cell - 507-491-2695

Office - 507-333-1651

Email: [henry.doyle@sm.org](mailto:henry.doyle@sm.org)

Mailing Address: 500 3<sup>rd</sup> Avenue NW, #301, Faribault, MN 55021

### Parish Office

The Parish Office is open on Tuesdays and Thursdays.

Office Phone: 507-373-3188

Office email: [cecalmn@gmail.com](mailto:cecalmn@gmail.com)

Website: [christchurchal.org](http://christchurchal.org)

**Priest-in-Charge:** The Rev. Henry Doyle

**Vestry Members:**

Tom Jones

Joyce Lohman

Kenneth Johnson

Savile Lord

Jeff Shaft

**Music Director:** Gail Thurnau

**Treasurer:** Joy Shaft

**Parish Administrator/Secretary:**

The Rev. George M. Favell

## Fr. Henry - Please keep me in the loop

Far too often, you might hesitate to inform me of your desire/need for pastoral care, because you do not want to bother me. On the contrary, you are not bothering me when you inform me of a major illness, yours or a loved one's illness.

Because of privacy issues and regulations, staff at hospitals, nursing homes, and other health care facilities will not contact me. You, a family member, or a close friend must contact me, if you have a pastoral need.



May 26 - Trinity Sunday

## Prayer Scripture - I Corinthians 12:12-13

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many.

## Meditation Prayer

*Book of Common Prayer, page 817*

Almighty and everliving God, ruler of all things in heaven and earth, hear our prayers for this parish family. Strengthen the faithful, arouse the careless, and restore the penitent. Grant us all things necessary for our common life, and bring us all to be of one heart and mind within your holy Church; through Jesus Christ our Lord. *Amen.*

## Christ Episcopal Church May Birthdays

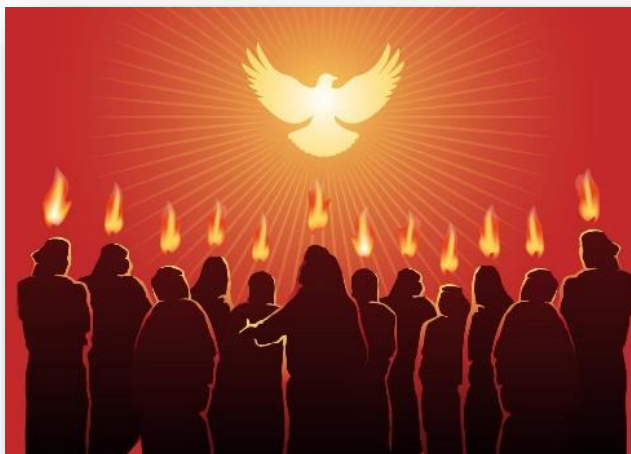
3 - Barb Trow

22 - Samuel Paulson

30 - Tucker George Bryant



**May 31 - The Visitation of the Blessed  
Virgin Mary**



**May 19 – Pentecost Sunday**

## May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>THE APOSTLES SAINT PHILIP AND SAINT JAMES</b> Chair Yoga – 9am**	2 Office 8-12	3	4 Healing – 9:30am**
5 6 <sup>th</sup> Sunday of Easter – Holy Eucharist – 10:30am <b>UTO In- Gathering SPRING CLEAN-UP ROGATION SUNDAY</b>	6 <b>ROGATION DAY</b> Yoga – 10am and 6pm**	7 <b>ROGATION DAY</b> Office 8-12	8 Chair Yoga – 9am**	9 <b>ASCENSION DAY</b> <b>OFFICE CLOSED</b>	10	11 Healing – 9:30am**
12 7 <sup>th</sup> Sunday of Easter – Morning Prayer – 10:30am	13 Yoga – 10am and 6pm**	14 Office 8-12	15 Chair Yoga – 9am**	16 Office 8-12	17	18 Healing – 9:30am**
19 <b>PENTECOST SUNDAY</b> – Holy Eucharist – 10:30am <b>Vestry meeting – 9:15</b>	20 Yoga – 10am and 6pm**	21 Office 8-12	22 <b>EMBER DAY</b> Chair Yoga – 9am**	23 Office 8-12	24 <b>EMBER DAY</b>	25 <b>EMBER DAY</b> Healing – 9:30am**
26 <b>TRINITY SUNDAY</b> – Holy Eucharist – 10:30am	27 Yoga – 10am and 6pm**	28 Office 8-12	29 Chair Yoga – 9am**	30 Office 8-12	31 <b>THE VISITATION OF THE BLESSED VIRGIN MARY</b>	

**\*\*** Please check with Clemencia to confirm location and if class is full.

[clemenciaguiral@icloud.com](mailto:clemenciaguiral@icloud.com) or 507-377-2718.