

CHRIST EPISCOPAL CHURCH  
A living Faith Community since 1876



*“Where All are Welcomed and  
Fed at the Table.”*

# Christ Church Chronicle

AUGUST 2023

My soul glorifies the Lord and my spirit rejoices in God my Savior, for he has been mindful  
of the humble state of his servant. From now on all generations will call me blessed,  
for the Mighty One has done great things for me - holy is his name. – Luke 1:46-49



The UTO Spring Ingathering in May total was \$182.00. Be sure to pick up a blue box if you don't have one! The next Ingathering will be November 25.

Food donations of 29 pounds have been made to the Ecumenical Food Pantry. Remember to bring non-perishable items for our hungry neighbors.  
- *Gail Thurnau*

## Music Notes from Gail

Two dates in August deserve your special attention. On Sunday August 9 celebrated Native American flute player and Albert Lea native Jon Romer will be enriching our worship at both Ascension Lutheran's 8:30 service and the 10:30 service at Christ Episcopal Church. On Tuesday August 15 Jon will present the program “The Native American Flute” at the Ascension WELCA guest night.

After 20 years teaching voice and choir at Gustavus Adolphus College, Jon spent 30 years on the Ojibwe Leech Lake Reservation where Ojibwe Elders shared the Native American Flute's construction, history, and culture.

If you are interested in attending the August 15th 6:00 pm salad supper and program at Ascension, please advise Gail ASAP. You will get the opportunity to see and hear a variety of the flutes he has acquired and built from his vast collection. Jon has been active in the incorporation of the flute and the preservation of this culture in several areas of Minnesota, and he is excited to share some of these stories. - *Gail Thurnau*

## It's Greek To Me – *Hungry and Empty*



Saint Mary the Virgin,  
Mother of Our Lord  
Jesus Christ, August 15

In August, we celebrate the feast of Saint Mary the Virgin, Mother of Our Lord Jesus Christ. It seems fitting to take a close look at a couple of words that Mary uses in her hymn of praise to God, known as the Magnificat.

After Mary is given the news by the angel Gabriel that she will give birth to the Messiah, she travels to visit her cousin Elizabeth, who is pregnant with the child who will become John the Baptist. At her arrival, Elizabeth rejoices and the babe in her womb leaps for joy. Mary then breaks into song. One of the lines of that song is “He has filled the hungry with good things and the rich he has sent away empty.”

Taking this phrase spiritually, those good things are the joy we experience in contacting the Lord and the emptiness is what we have when we have not cultivated that all-important relationship. The Greek word for ‘hungry’ here is ‘peinontas’. This word is stronger than just meaning ‘hungry’. It indicates being truly famished and earnestly desiring to be fed, to crave something, to

have a desire for something that overrides all other needs.

The word for ‘empty’ here is ‘kenous’. It has a lot of depth in its meaning. It is empty in the sense of feeling that life is vain, worthless, false, unreal, hollow, pretentious.

This word for ‘empty’ so well describes our lives when we come to the end of ourselves and our own limited resources to deal with life and the desire to give life meaning. When we rely upon ourselves, our skills, education, opinions, material goods to sustain us and give us meaning, we eventually discover that all these things have but a limited ability to fill that need. If we are ‘lucky’, we learn at some point that all these things run out and we must seek something higher than ourselves. The lesson can be quite painful, but it is often what is needed to make us ‘hungry’ – empty of our own resources and excuses and ready to face the fact that we are starving for something deeper. God has promised and Mary has affirmed that if we are willing to face that hunger, God is ready to fill us with ‘good things’ – our deeper purpose and the peace and joy that come from cultivating our relationship with our Creator. – *The Rev. George M. Favell*

## Priestly Formation Update

Hello Friends! As of June 17<sup>th</sup>, I am now an ordained priest! Thank you all for your support over this lengthy formation time. I will be serving as associate priest at Christ Church in Austin for the next year or so. After that, well, we shall see what God has in store!



I had to buy a ‘new’ vehicle since I am now traveling a good deal more than I used to! We decided to name it “Mass Transit”!

I am looking forward to worshiping with you all on August 6, when I will be the supply priest at Christ Church in Albert Lea! – *The Rev. George M. Favell*

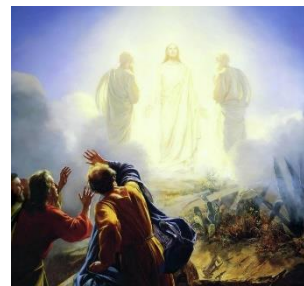
## Sunday Worship Schedule for August 2023

Sunday, August 6, 2023 – Feast of the Transfiguration  
Holy Eucharist – 10:30am – Fr. George Favell, Supply Priest

Sunday, August 13, 2023 – 11<sup>th</sup> Sunday after Pentecost  
Holy Eucharist – 10:30am

Sunday, August 20, 2023 – 12<sup>th</sup> Sunday after Pentecost  
Holy Eucharist – 10:30am

Sunday, August 27, 2023 – 13<sup>th</sup> Sunday after Pentecost  
Morning Prayer – 10:30am



The Transfiguration of Our  
Lord Jesus Christ - August 6

*Because of Mary's "yes", she became not only a mother, but the mother of Jesus. An ordinary life was made sacred by way of an invitation that she affirmed.*

*So it is with our lives. When we say "yes," God is most often inviting us to what is already within our capacity—inviting us to see our ordinary roles as sacred. Like Mary, can we accept the deepening of the lives that we have already been given?*

*Can we say "yes" and let life be sacred? - Catherine Wiecher Brunell*

The American Legion Post 56 in Albert Lea is hosting a Fund-raiser Breakfast every 4<sup>th</sup> Sunday of the month, from 8am to 12:30 pm!

### New Revised Common Lectionary Sunday Readings

6-Aug	Exodus 34:29-35	Psalm 99 or 99:5-9	2 Peter 1:13-21	Luke 9:28-36
13-Aug	Genesis 37:1-4, 12-28	Psalm 105:1-6, 16-22, 45b	Romans 10:5-15	Matthew 14:22-33
20-Aug	Genesis 45:1-15	Psalm 133	Romans 11:1-2a, 29-32	Matthew 15: (10-20), 21-28
27-Aug	Exodus 1:8-2:10	Psalm 124	Romans 12:1-8	Matthew 16:13-20

### Community Communication

Father Doyle

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**Parish Office**

The Parish Office is open on Tuesdays and Thursday from 9am to 1pm.

Office Phone: 507-373-3188

Office email: [cecalmn@gmail.com](mailto:cecalmn@gmail.com)

Website: [christchurchal.org](http://christchurchal.org)

**Priest-in-Charge: The Rev. Henry Doyle**

**Senior Warden: Savile Lord**

**Junior Warden: Kenneth Johnson**

**Vestry: Jeff Shaft**

**Music Director: Gail Thurnau**

**Treasurer: Joy Shaft**

**Parish Administrator/Secretary:**

**The Rev. George M. Favell**

## Fr. Henry - Please keep me in the loop

Far too often, you might hesitate to inform me of your desire/need for pastoral care, because you do not want to bother me. On the contrary, you are not bothering me when you inform me of a major illness, yours or a loved one's illness. Because of privacy issues and regulations, staff at hospitals, nursing homes, and other health care facilities will not contact me. You, a family member, or a close friend must contact me, if you have a pastoral need.

## Prayer Scripture

Now that we know what we have—Jesus, this great High Priest with ready access to God—let's not let it slip through our fingers.

We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experienced it all—all but the sin. So let's walk right up to him and get what he is so ready to give. Take the mercy, accept the help. – Hebrews 4:15-16



Saint Bartholomew The Apostle - August 24

## Meditation Prayer

*Book of Common Prayer, page 815*

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. *Amen.*

## Christ Episcopal Church August Birthdays

8 – Evelyn Anderson

## August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Healing Team – 9- 10:30am**
6 <b>TRANSFIGURATION</b> Sunday – Holy Eucharist – 10:30am	7 Yoga – 10am and 6pm**	8	9 Chair Yoga – 9am**	10	11	12 Healing Team – 9- 10:30am**
13 11 <sup>th</sup> Sunday after Pentecost – Holy Eucharist – 10:30am	14 Yoga – 10am and 6pm**	15 <b>SAINT MARY THE VIRGIN, MOTHER OF OUR LORD JESUS CHRIST</b>	16 Chair Yoga – 9am**	17	18	19 Healing Team – 9- 10:30am**
20 12 <sup>th</sup> Sunday after Pentecost – Holy Eucharist – 10:30am	21 Yoga – 10am and 6pm**	22	23 Chair Yoga – 9am**	24 <b>SAINT BARTHOLOMEW THE APOSTLE</b>	25	26 Healing Team – 9- 10:30am**
27 13 <sup>th</sup> Sunday after Pentecost – Morning Prayer – 10:30am	28 Yoga – 10am and 6pm**	29	30 Chair Yoga – 9am**	31		

**\*\*** Please check with Clemencia to confirm location and if class is full.

[bebegu@live.com](mailto:bebegu@live.com) or 507-377-2718.